



<p>2</p> <p>Egg Bites</p> <p>Chicken Nuggets Mashed Potatoes Gravy Dinner Roll</p> 	<p>3</p> <p>Egg & Cheese Biscuit</p> <p>Grilled Hamburgers Chips Cookie</p> 	<p>4</p> <p>Mini Pancakes</p> <p>BBQ Pork Sandwich French Fries Ice Cream</p>	<p>5</p> <p>Tornado</p> <p>Grilled Hotdogs Baked Beans Steamed Broccoli</p>	<p>6</p> <p>NO SCHOOL</p>
<p>9</p> <p>Blueberry Waffles</p> <p>Chicken Tenders Mashed Potatoes Gravy Dinner Roll</p>	<p>10</p> <p>Cherry Frudel</p> <p>Spaghetti Corn Garlic Bread</p> 	<p>11</p> <p>Pancake Wrap</p> <p>Sweet & Sour Chicken Steamed Broccoli Brown Rice Egg Roll</p>	<p>12</p> <p>NO SCHOOL</p>	<p>13</p> <p>NO SCHOOL</p>
<p>16</p> <p>Cinnamon Breadstick</p> <p>French Toast Sticks Sausage/Egg Patty 100% Juice Tri Tater</p>	<p>17</p> <p>Tornado</p> <p>Max Cheese Sticks Marinara Sauce Peas Pudding</p>	<p>18</p> <p>Chocolate Chip French Toast</p> <p>Pizza Corn Jello</p> 	<p>19</p> <p>Breakfast Pizza</p> <p>Deli Sandwich Chips Cookie</p>	<p>20</p> <p>Mini Pancakes</p> <p>Tacos Mini Donut Steamed Corn</p> 
<p>23</p> <p>Strawberry Bagel</p> <p>Sloppy Joe French Fries Ice Cream</p> 	<p>24</p> <p>Sausage & Biscuit</p> <p>Chicken Alfredo Steamed Broccoli French Bread</p>	<p>25</p> <p>Pancake Wrap</p> <p>Pork Tenderloin Mashed Potatoes Gravy Dinner Roll</p>	<p>26</p> <p>Apple Frudel</p> <p>Burrito Bowl (Rice/Pulled Pork) Seasoned Black Beans Corn Cake</p>	<p>27</p> <p>Waffles</p> <p>Chicken Patty Sandwich French Fries Steamed Peas</p>
<p>30</p> <p>Long John</p> <p>Taco Salad Corn Churro</p> 	<p>31</p> <p>Chocolate Chip French Toast</p> <p>Grilled Chicken Sandwich French Fries Pudding</p>			

ALL GRAINS ARE WHOLE GRAIN RICH.

FRESH FRUIT AND VEGETABLE BAR OFFERED DAILY WITH LUNCH.

A VARIETY OF FRUIT AND JUICE IS OFFERED DAILY WITH BREAKFAST.

A VARIETY OF LOW-FAT AND FAT-FREE MILK IS OFFERED DAILY WITH BREAKFAST AND LUNCH.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

ALL BEEF IS DONATED AND LOCALLY RAISED.

HEARTLAND COMMUNITY SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER